



**GMB  
MEMBERSHIP  
FORM**

**OR JOIN ONLINE  
WWW.GMB.ORG.UK/JOIN**



**Join <sup>GMB</sup> <sub>UNION</sub> now for protection, support and advice.**

Hand this form to your local GMB representative, or post it by simply writing 'FREEPOST GMB' on an envelope. You don't need a stamp or any other address details. Questions? Email us at [info@gmb.org.uk](mailto:info@gmb.org.uk) or visit our website: [www.gmb.org.uk](http://www.gmb.org.uk) where you can also join instantly.

**PLEASE USE BLOCK CAPITALS**

SIGN WHERE YOU SEE THE **X**s

**TELL US ABOUT YOU. This will help us do the best possible job for you.**

Forename	Home address	Work address
<input type="text"/>	<input type="text"/>	<input type="text"/>
Surname	<input type="text"/>	<input type="text"/>
<input type="text"/>	<input type="text"/>	<input type="text"/>
Title	Date of Birth	Postcode
M/s Miss Mrs Mr Mx	<input type="text"/>	<input type="text"/>
Home phone number	Email address	Job title
<input type="text"/>	<input type="text"/>	<input type="text"/>
Mobile number	Employer	Hours a week
<input type="text"/>	<input type="text"/>	<input type="text"/>

**THE IMPORTANT BITS. Please authorise the Direct Debit.**



**Instruction to your Bank or Building Society to pay by Direct Debit**

**GMB UNION** Please fill in the form and send back to 'FREEPOST GMB'

Service User Number  
9 7 4 3 3 0

**Name & full postal address of Bank/Building Society**

To the Manager of  Bank/Building Society

Reference (for GMB USE ONLY)

**Instruction to your Bank or Building Society.** Please pay GMB Direct Debits from the account detailed in this instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this instruction may remain with GMB & if so, details will be passed electronically to my Bank/Building Society.

signature(s)  Date

Banks/Building Societies may not accept Direct Debit instructions for some types of account

Account number

Sort code

**PAYMENT DATE. Please select a payment date.**

If you are paid monthly  1st\*  8th\*  16th\*  23rd\*  Last day of the month\* OR if you are paid 4 weekly  1st Friday  2nd Friday  3rd Friday  4th Friday  \* or next working day

**STAYING IN TOUCH. We want to make it as easy as possible to talk to each other.**

GMB contacts members by email, phone and SMS about issues related to membership, membership services and campaigns.

Tick if you DO NOT wish to be contacted by:  Email  Phone  SMS

GMB has a political fund to pay for political campaigning, which you can opt-in to for **1p a week**. In the past, the fund has helped win rights such as the minimum wage and maternity leave. There will be no detriment to you if you do not opt-in.

Do you want to opt-in to the political fund?  YES  NO

**AND JOIN. I agree to abide by GMB rules.**

signed   Date

**Welcome to the GMB Union family!**

To read the GMB rulebook please visit [www.gmb.org.uk/rules](http://www.gmb.org.uk/rules). For our privacy policy go to [www.gmb.org.uk/your-privacy](http://www.gmb.org.uk/your-privacy). You can change your contact preferences at any time by logging into your MyGMB area at [www.gmb.org.uk/mygmb](http://www.gmb.org.uk/mygmb)

FOR GMB USE ONLY

Section

Branch number

Membership number

Join date

# 10 REASONS TO JOIN GMB

1

Better pay

2

More holidays and control over your working life

3

Unionised workplaces are safer workplaces

4

Better maternity, paternity and carer leave

5

So you're not alone if you have a problem at work

6

UNIONLINE  
Free legal advice

7

Learn new skills

8

Meet new people

9

Helping others

10

Because you have a legal right to



For more info and sources go to:  
[www.gmb.org.uk/whyjoin](http://www.gmb.org.uk/whyjoin)

**JOIN ONLINE NOW**  
[WWW.GMB.ORG.UK/JOIN](http://WWW.GMB.ORG.UK/JOIN)

## WHAT CAN GMB DO FOR ME?

All sorts! People under 30 are more likely to be working in jobs where low pay and insecure work is common. Some of the problems GMB can help with are:

- Non-payment of wages
- Bullying and harassment
- Accessing proper rest breaks and holiday pay

### And that's just the start, other benefits include:

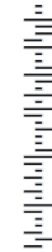
- Supporting you to have more control of your working life
- Giving you a voice at work and making sure it's heard
- Free training, learning and development
- Legal advice in and out of work

## WHO ARE GMB?

- We stick together to get a fair deal at work
- We work with your employer to improve the workplace for all
- We are a general union so can support you in any job
- We help with any issue at work, no matter how big or small

**YOU ONLY HAVE TO JOIN ONCE**  
GMB IS FOR LIFE



  
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**GMB**  
**YOUNG**  
**WORKERS** 