

Central Executive Council (CEC)

25 Jan 2019

The Central Executive Council (CEC) is the lay member governing body of GMB. The CEC meets at least seven times a year and consists of about 60 lay members of the Union plus the General Secretary. It is elected by secret ballot of GMB members every four years.

[See the full list of CEC members and their positions here.](#)

The CEC is headed by the lay member President Barbara Plant (GMB Southern Region) and Vice President Malcolm Sage (GMB Midland & East Coast Region).

For practical reasons its business is run by three committees, Finance & General Purposes, Organisation, Political, European and International.

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